

Traditional HMO Plan

Your HMO plan¹ gives you access to excellent Kaiser Permanente physicians and specialists, preventive care, and health resources that can help you thrive. And, you'll have a vast array of online tools to manage your health, when and where you need them.

It's easy to get the care you need

As a member of our HMO plan, you:

- Save time. Visit our medical offices to see your doctor and get lab work and X-rays done – all in the same place. In most locations, you can even pick up a prescription.²
- Stay on top of your health with your electronic health record. Your care team members are connected to each other, and to you, through your electronic health record. So, they'll know important things about your health, like when you're due for a screening and what medications you're taking.²
- Connect with care wherever you are. No time for an appointment? No problem. Connect with your Kaiser Permanente care team through email, online chat, phone, or even video visits, without leaving home or work.^{2,3}

Get great care and coverage – together

- Choose your doctor. Select a Kaiser Permanente doctor or an affiliated plan doctor. As one of the largest multispecialty medical groups in Colorado, Kaiser Permanente physicians work together in one connected system to deliver better care. If your needs shift, you can make a change, anytime. Visit kp.org/locations to search for Kaiser Permanente physicians and affiliated plan providers near you.⁴
- Utilize your comprehensive coverage. Our HMO
 plan includes primary care, select specialty care,
 urgent care at designated offices, as well as
 pharmacy, lab, radiology, vision, and audiology
 services, where offered.
- Stay healthy. With a focus on preventive care, physicals, adult screenings, well-woman care, wellchild care, and certain immunizations are covered at no charge. We also provide online tools and resources to help you manage your health.



How it works

- Routine care. This is generally covered with a fixed copay and includes doctor visits, inpatient hospitalization, urgent care, and much more. Preventive visits, such as physicals, adult screenings, well-child care, and certain immunizations, are available as well.
- **Specialized care.** If you'd like to see a specialist, you can schedule a consultation with virtually any Kaiser Permanente specialist, or an affiliated plan specialist, no referral needed, with a few exceptions.⁴
- Value. Once you reach your out-of-pocket maximum, Kaiser Permanente will pay 100% for most covered services for the rest of the year.⁵

Prescriptions

You can always fill or refill your prescriptions at any Kaiser Permanente pharmacy. Depending on the type of medication, you may also be able to fill your formulary prescriptions at an affiliated plan pharmacy, or have them delivered to your doorstep using mail-order pharmacy or our convenient same-day/next-day delivery service.⁶

New to Kaiser Permanente? Don't worry. Our clinical pharmacists will work with you and your doctor to understand our formulary and transfer your prescriptions. Our formulary is listed online at kp.org/formulary, or you can contact our Clinical Pharmacy Call Center at 1-866-244-4119 (TTY 711), 8 a.m. to 6 p.m., weekdays.

Emergency and inpatient care

When it comes to urgent and emergency care, you're covered anywhere in the world. Emergency care copays are waived if you're admitted to a hospital.

For scheduled inpatient care, you'll have a choice of hospitals close to home. Visit **kp.org/locations** to find one near you.

Easy ways to manage your health

Personalized online wellness programs, webinars, and classes give you the tools to fit wellness into your schedule, no matter how busy you are. And, if you have a chronic condition such as asthma, heart disease, or diabetes, we provide extra coordinated support through our chronic care management programs, including assistance with complex care needs.

Questions?

Call Member Services at **303-338-3800** or toll-free **1-800-632-9700**. Representatives are available weekdays from 8 a.m. to 6 p.m.

TTY users may call **711** for assistance with any phone number above.

Information provided here is a summary only. For a list of services available with your plan, see your Summary of Benefits and Coverage. The information provided here is not a contract and is not intended for use as a Summary Plan Description, nor is it designed to serve as your Evidence of Coverage. Upon enrollment, your Evidence of Coverage will contain a description of your coverage, including benefits, exclusions, and limitations. Your Evidence of Coverage will prevail over this or any other plan summary.

1. Colorado state law requires that an access plan be available that describes Kaiser Foundation Health Plan of Colorado's network provider services. To obtain a copy, please call Member Services or visit kp.org. 2. Available when receiving care at a Kaiser Permanente medical office. 3. When appropriate and available. Phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state. 4. Please see kp.org/locations for a list of providers included in your plan. 5. Coverage may be based on the calendar or contract year, depending on your specific plan provisions. See your Summary of Benefits and Coverage for details. 6. Depending on your specific plan provisions, maintenance medication refills must be filled at one of our Kaiser Permanente medical office pharmacies or through the Kaiser Permanente mail-order program or the maintenance medication will not be covered. Same-day and next-day prescription delivery services may be available for an additional fee. These services are not covered under your health plan benefits and may be limited to specific prescription drugs, pharmacies, and areas. Order cutoff times and delivery days may vary by pharmacy location. Kaiser Permanente is not responsible for delivery delays by mail carriers. Kaiser Permanente may discontinue same-day and next-day prescription delivery services at any time without notice and other restrictions may apply. 7. Some classes may require a fee.

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