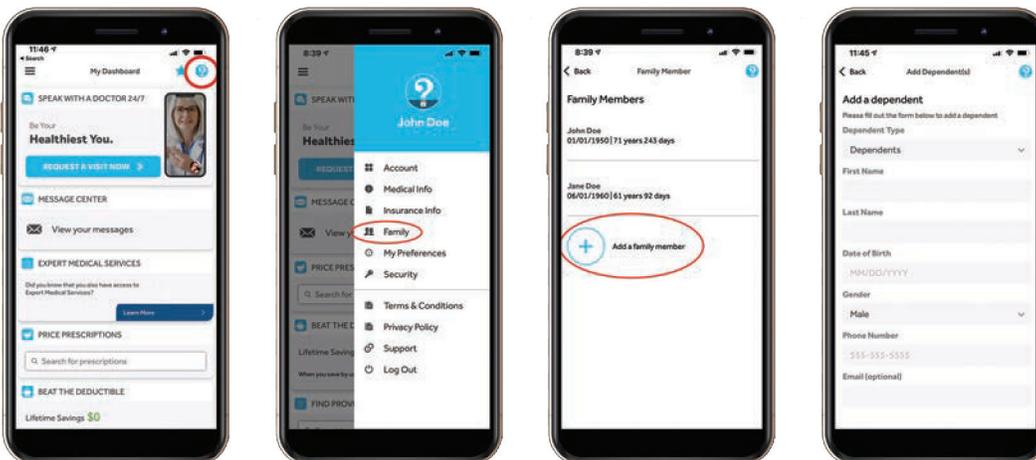# HealthiestYou is now available to all your dependents — even those not currently carrying your medical coverage

1 **Open the HealthiestYou app** on your smartphone or tablet and select "**Request a Visit Now.**"

2 Select **"Family"** from the dashboard on the right to add a dependent. The app will already show your name and the names of dependents who carry your medical coverage.

3 **Complete the required fields.** The dependent will now be listed in the "Family members" section of the app.

You will now be able to schedule a consultation for your minor dependents. Dependents over the age of 18 should call **1-866-703-1259** to schedule a consultation.

Note: You need to add adult dependents to your HealthiestYou account through the app to allow them to schedule a consultation.

United Healthcare