



The right health care partner makes all the difference.

Why choose Kaiser Permanente Colorado? By combining care and coverage, we make staying healthy and understanding plan benefits easy.

- **We coordinate care so our members don't have to.** With Kaiser Permanente, you're choosing more than just high-quality care and coverage. You're choosing the peace of mind that comes from knowing that all Kaiser Permanente doctors and providers have each member's medical history at their fingertips to provide them with coordinated care.
- **And now it's more convenient than ever to get care at home, at work, or even while on a road trip.** Members can access emergency and urgent care anywhere in the United States or around the world. At many locations outside Kaiser Permanente states (Cigna PPO Network¹ providers, MinuteClinic[®] locations and pharmacies, and Concentra clinics), members just pay their usual cost share – no need to file a claim.²

3 reasons to choose Kaiser Permanente

1. Medical excellence
2. Care from virtually anywhere
3. Affordability

See back page for more.

3 reasons to choose Kaiser Permanente's health care and coverage

1. MEDICAL EXCELLENCE

Get great care, from top doctors. Year after year, Kaiser Permanente doctors are recognized for medical excellence. This year, Kaiser Permanente physicians made up 84 of the "Top Doctors"

recognized by *5280* magazine. We've also earned recognition from NCQA as Colorado's highest-rated health plan.³

2. GET CARE FROM VIRTUALLY ANYWHERE



Chat online⁴

Members can get medical advice online in real time from a Kaiser Permanente clinician or mental health specialist, or chat with a financial counselor or pharmacist.



24/7 medical advice

Members can call the Clinical Contact Center to get medical guidance any time, day or night.



Email⁵

Members can message their doctor's office anytime with nonurgent questions.



E-visits

Members can fill out an online questionnaire for select conditions to receive a care plan or medical advice.



Scheduled phone and video visits^{4,5}

Members can save a trip to the doctor's office by scheduling a phone or video visit with their doctor or a mental health specialist.



On-demand video visits⁴

Members can visit with a doctor at any time, 24/7, by video.

3. AFFORDABILITY

Our integrated health care delivery model enables us to deliver high-quality care, while also helping to control costs – and keep rates more stable.

- As one of the nation's largest not-for-profit health plans, Kaiser Permanente doctors are motivated by outcomes, not profits—so you get the most value for your health care dollars.
- When members choose a Kaiser Permanente doctor, they're choosing from one of the largest multispecialty groups in Colorado. They can also get care from our network of affiliated providers.

- We offer some of the highest value plans in markets across Colorado, and our long-term rate stability can help you manage premiums and avoid transitional expenses.
- Kaiser Permanente invests in housing, schools, children, and more to improve conditions for health and equity in our communities. Healthy communities can mean lower health care costs for all.

Ask your broker about Kaiser Permanente, or call our Small Business team at 1-866-331-2091.

1. The Cigna PPO Network refers to the health care providers (doctors, hospitals, specialists) contracted as part of the Cigna PPO for Shared Administration. Cigna is an independent company and not affiliated with Kaiser Foundation Health Plan, Inc., and its subsidiary health plans. Access to the Cigna PPO Network is available through Cigna's contractual relationship with the Kaiser Permanente health plans. The Cigna PPO Network is provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. 2. Cigna, MinuteClinic®, and Concentra coverage varies by plan. 3. NCQA's Private Health Insurance Plan Ratings 2021, National Committee for Quality Assurance, 2021. 4. No cost for most health plans. HSA-qualified high deductible health plan (HDHP) members must meet their deductible first before chat online, phone and video visits are provided at no cost. 5. These services are available when members see Kaiser Permanente providers. Members should check with their doctor to see if video visits are available to them.